



# THE HOLY EUCHARIST

## FOURTH SUNDAY after PENTECOST:

### Proper 9

July 6, 2025  
10:30 A.M.



St. John the Baptist Episcopal Church  
in the Admiral District of West Seattle

*We acknowledge that we are on the unceded traditional land of the Coast Salish people,  
including the Duwamish and Suquamish People past and present.*

*We honor with gratitude the land itself and the Duwamish and Suquamish tribes.*

*Please know, that wherever you are in your spiritual journey, you have a place at St. John's.*

Portions of this service are from the optional expansive-language versions of the 1979 *Book of Common Prayer*, as authorized by the 79th General Convention in 2018. The inclusive language version of *Eucharistic Prayer C* is authorized by the Diocese of Olympia.

## THE GATHERING OF GOD'S PEOPLE

### Prelude

*Five Mystical Songs: Love Bade Me Welcome*

Ralph Vaughan Williams (1872-1958)

Love bade me welcome, yet my soul drew back,  
Guilty of dust and sin.

But quick-eyed Love, observing me grow slack  
From my first entrance in,

Drew near to me, sweetly questioning,  
If I lack'd any thing.

"A guest," I answer'd "worthy to be here":  
Love said, "You shall be he."

"I the unkind, ungrateful?  
Ah, my dear, I cannot look on thee."

Love took my hand, and smiling did reply,  
"Who made the eyes but I?"

"Truth, Lord, but I have marr'd them:  
Let my shame go where it doth deserve."

"And know you not," says Love, "who bore the blame?"  
"My dear, then I will serve."

"You must sit down," says Love, "and taste my meat:"  
So I did sit and eat.

— George Herbert (1593-1633)

*At the sound of the church bell all rise as able.*

## Hymn 275

Hark! the sound of holy voices

TUNE: *Moultrie*

1 Hark! the sound of ho - ly voic - es, chant - ing at the crys - tal sea,  
2 Pa - tri - arch, and ho - ly pro - phet, who pre - pared the way for Christ,  
3 March - ing with thy cross, their ban - ner, they have tri - umphed fol - low - ing  
4 Now they reign in heaven - ly glo - ry, now they walk in gold - en light,

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia! Lord, to thee!  
king, a - pos - tle, saint, con - fes - sor, mar - tyr and e - van - gel - ist,  
thee, the Cap - tain of sal - va - tion, thee, their Sa - vior and their King.  
now they drink, as from a riv - er, ho - ly bliss and in - fi - nite;

Mul - ti - tude which none can num - ber like the stars in glo - ry stands,  
saint - ly maid - en, god - ly ma - tron, wid - ows who have watched to prayer,  
Glad - ly, Lord, with thee they suf - fered; glad - ly, Lord, with thee they died;  
love and peace they taste for ev - er, and all truth and know - ledge see

clothed in white ap - par - el, hold - ing palms of vic - tory in their hands.  
joined in ho - ly con - cert, sing - ing to the Lord of all, are there.  
and by death to life im - mor - tal they were born and glo - ri - fied.  
in the be - a - tif - ic vi - sion of the bless - ed Trin - i - ty.

Words: Christopher Wordsworth (1807-1885)

Music: *Moultrie*, Gerard Francis Cobb (1838-1904)

87. 87. D

Used with permission under One License A-706851.

## Opening Acclamation

*Presider* Blessed be God: most holy, glorious, and undivided Trinity.

*People* **And blessed be God's reign, now and for ever. Amen.**

*Presider* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

## Gloria S280

1. Glo - ry to God in the high - est, and  
peace to his peo - ple on earth. 2. Lord God, heaven - ly  
King, al - might - y God and Fa - ther, we wor - ship you, we  
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus  
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you  
take a - way the sin of the world: have mer - cy  
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -  
ceive our prayer. 6. For you a - lone are the Ho - ly One,  
you a - lone are the Lord, 7. you a - lone are the Most  
High, Je - sus Christ, with the Ho - ly Spi - rit, in the  
glo - ry of God the Fa - ther. A - men.

Setting: Robert Powell (b. 1932)

Used with permission under One License A-706851.

## The Collect of the Day

### Fourth Sunday after Pentecost: Proper 9

*Presider* God be with you.

*People* And also with you.

*Presider* Let us pray.

O God, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever **Amen**.

*You may be seated.*

# THE LITURGY OF THE WORD

*Year C, Track 2*

## **First Reading**

**Isaiah 66:10–14**

Thus says the LORD:

“Rejoice with Jerusalem, and be glad for her, all you who love her; rejoice with her in joy, all you who mourn over her— that you may nurse and be satisfied from her consoling breast; that you may drink deeply with delight from her glorious bosom.

For thus says the LORD:

I will extend prosperity to her like a river, and the wealth of the nations like an overflowing stream; and you shall nurse and be carried on her arm, and dandled on her knees.

As a mother comforts her child, so I will comfort you; you shall be comforted in Jerusalem.

You shall see, and your heart shall rejoice; your bodies shall flourish like the grass; and it shall be known that the hand of the LORD is with his servants, and his indignation is against his enemies.”

*Reader* Hear what the Spirit is saying to God’s people.

*People* **Thanks be to God.**

## Response



SJB Psalm Tone 4, Thomas Aláan

*Please join the cantor in singing the psalm.*

**Psalm 66:1–8 • *Jubilate Deo***

- 1 <sup>1</sup> Be joyful in God, all / you lands; \*  
    <sup>3</sup> sing the glory / of his Name;  
    <sup>4</sup> sing the glory of his / praise.
- 2 <sup>1</sup> Say to God, "How awesome are / your deeds! \*  
    <sup>2</sup> because of your great strength your enemies cringe / before you.
- 3 <sup>3</sup> All the earth bows / down before you, \*  
    <sup>4</sup> sings to you, sings out your / Name."
- 4 <sup>1</sup> Come now and see the works / of God, \*  
    <sup>4</sup> how wonderful he is in his doing toward all / people.
- 5 <sup>1</sup> He turned the sea into / dry land,  
    <sup>3</sup> so that they went through the wa/ter on foot, \*  
    <sup>4</sup> and there we rejoiced in / him.
- 6 <sup>1</sup> In his might he rules / for ever;  
    <sup>3</sup> his eyes keep watch o/ver the nations; \*  
    <sup>4</sup> let no rebel rise up a/gainst him.
- 7 <sup>1</sup> Bless our God, / you peoples; \*  
    <sup>2</sup> make the voice of his praise to / be heard;
- 8 <sup>3</sup> Who holds our / souls in life, \*  
    <sup>4</sup> and will not allow our feet to / slip.

## Second Reading

### Galatians 6:1–16

My friends, if anyone is detected in a transgression, you who have received the Spirit should restore such a one in a spirit of gentleness. Take care that you yourselves are not tempted. Bear one another's burdens, and in this way you will fulfill the law of Christ. For if those who are nothing think they are something, they deceive themselves. All must test their own work; then that work, rather than their neighbor's work, will become a cause for pride. For all must carry their own loads.

Those who are taught the word must share in all good things with their teacher.

Do not be deceived; God is not mocked, for you reap whatever you sow. If you sow to your own flesh, you will reap corruption from the flesh; but if you sow to the Spirit, you will reap eternal life from the Spirit. So let us not grow weary in doing what is right, for we will reap at harvest-time, if we do not give up.

So then, whenever we have an opportunity, let us work for the good of all, and especially for those of the family of faith.

See what large letters I make when I am writing in my own hand! It is those who want to make a good showing in the flesh that try to compel you to be circumcised--only that they may not be persecuted for the cross of Christ. Even the circumcised do not themselves obey the law, but they want you to be circumcised so that they may boast about your flesh. May I never boast of anything except the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For neither circumcision nor uncircumcision is anything; but a new creation is everything! As for those who will follow this rule— peace be upon them, and mercy, and upon the Israel of God.

*Reader* Hear what the Spirit is saying to God's people.

*People* **Thanks be to God.**

## **Holy Gospel**

*Standing as able.*

**Luke 10:1–11, 16–20**

*Presider* The Holy Gospel of our Savior Jesus Christ according to Luke.

*People* **Glory to you, O Christ.**

The Lord appointed seventy others and sent them on ahead of him in pairs to every town and place where he himself intended to go. He said to them, "The harvest is plentiful, but the laborers are few; therefore ask the Lord of the harvest to send out laborers into his harvest. Go on your way. See, I am sending you out like lambs into the midst of wolves. Carry no purse, no bag, no sandals; and greet no one on the road. Whatever house you enter, first say, 'Peace to this house!' And if anyone is there who shares in peace, your peace will rest on that person; but if not, it will return to you. Remain in the same house, eating and drinking whatever they provide, for the laborer deserves to be paid. Do not move about from house to house. Whenever you enter a town and its people welcome you, eat what is set before you; cure the sick who are there, and say to them, 'The kingdom of God has come near to you.' But whenever you enter a town and they do not welcome you, go out into its streets and say, 'Even the dust of your town that clings to our feet, we wipe off in protest against you. Yet know this: the kingdom of God has come near.'

"Whoever listens to you listens to me, and whoever rejects you rejects me, and whoever rejects me rejects the one who sent me."

The seventy returned with joy, saying, "Lord, in your name even the demons submit to us!" He said to them, "I watched Satan fall from heaven like a flash of lightning. See, I have given you authority to tread on snakes and scorpions, and over all the power of the enemy; and nothing will hurt you. Nevertheless, do not rejoice at this, that the spirits submit to you, but rejoice that your names are written in heaven."

*Presider* The Gospel of our Savior.

*People* **Praise to you, O Christ.**

*You may be seated.*

## **The Sermon**

**The Reverend Canon Elise B. Johnstone, D. Min.**

*There will be a moment for quiet personal reflection.*



## The Nicene Creed

*Standing as able.*

*People* We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made, of one Being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit he became incarnate  
from the Virgin Mary, and became truly human.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

## Prayers of the People

*Intercessor* Let us pray for the Church and for the world.

God of love, we pray for your church: for Sean our presiding bishop, Phil our bishop,  
Elise and Robert our priests; for all lay and ordained ministers; and for all who seek you  
in the community of the faithful. Equip us with compassion and love, to carry out your  
work of reconciliation in the world.

God of love,

*People* **hear our prayers for the church.**

*Intercessor* God of freedom, we pray for our nation, and all the nations of the world: For peace and  
unity across barriers of language, color, and creed; for elected and appointed leaders, that  
they would serve the common good. Inspire all people with courage to speak out against  
hatred, to actively resist evil. Unite the human family in bonds of love.

God of freedom,

*People* **hear our prayers for the world.**

*Intercessor* God of justice, we pray for the earth, your creation entrusted to our care: For the animals  
and birds, the mountains and oceans, and all parts of your creation that have voices we do  
not hear, see, or recognize. Stir up in us a thirst for justice that protects the earth and all its  
resources, that we may leave to our children's children the legacy of beauty and abundance  
that you have given us.

God of justice,

*People* **hear our prayers for the earth.**

*Intercessor* God of mercy, we pray for all in any kind of need or trouble, especially \_\_\_\_\_, and those we name now, silently or aloud. For those whose lives are closely linked with ours, and those connected to us as part of the human family. For refugees and prisoners; for the sick and suffering, the lonely and despairing; for those facing violence; for all held down by prejudice or injustice. Awaken in us compassion and humility of spirit, as we seek and serve Christ in all persons.

God of mercy,

*People* **hear our prayers for all who are in need.**

*Intercessor* God of joy, we pray for this community and thank you for all the blessings of this life, especially for \_\_\_\_\_, and those thanksgivings we offer silently or aloud. For the beauty of the Pacific Northwest, and the splendor of all God's creation. For our local leaders; for our schools and markets; for our neighborhoods and workplaces. Kindle gratitude in every heart. Grow in us a desire for equality, respect, and opportunity for all.

God of joy,

*People* **hear our prayers for this community.**

*Intercessor* God of grace, we pray for those who have died, especially for \_\_\_\_\_, and those we name now, silently or aloud. For the faithful in every generation who have worked for justice; for prophets who called us to racial reconciliation; for martyrs who died because of hatred; and for all the communion of saints. Make us faithful to your call to proclaim your Good News, by word and example, and bring us at last into the glorious company of the saints in light.

God of grace,

*People* **hear our prayers for those who have died.**

*Presider* O God, you made us in your own image and redeemed us through Jesus your Son: Look with compassion on the whole human family; take away the arrogance and hatred which infect our hearts; break down the walls that separate us; unite us in bonds of love; and work through our struggle and confusion to accomplish your purposes on earth; that, in your good time, all nations and races may serve you in harmony around your heavenly throne; through Jesus Christ our Lord. **Amen.**

## **Confession**

*Presider* Let us confess our sins against God and our neighbor.

*A moment of reflective silence is kept.*

*Said by all* **Most merciful God, we confess that we have sinned against you  
in thought, word, and deed, by what we have done,  
and by what we have left undone.**

**We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.**

**For the sake of our Savior Jesus Christ, have mercy on us and forgive us;  
that we may delight in your will, and walk in your ways,  
to the glory of your Name. Amen.**

*Presider* Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## **The Peace**

*Presider* The peace of Christ be always with you.

*People* **And also with you.**

*Those present celebrate the peace with a bow, hands raised in blessing, or the peace sign.*

*You may be seated.*

## Welcome and Announcements

# THE LITURGY OF THE TABLE

## Offertory Sentence

*Presider* Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

— Ephesians 5:2

If you wish to make online donations to the ministry of St. John the Baptist Episcopal Church, please visit:

<https://sjbwestseattle.org/give>

Please stand as you are able.

## Hymn 321

My God, thy table now is spread

TUNE: *Rockingham*

1 My God, thy ta - ble now is spread, thy cup with  
2 O let thy ta - ble hon - ored be, and fur - nished  
3 Drawn by thy quick - ening grace, O Lord, in coun - tless  
4 Nor let thy spread - ing Gos - pel rest till through the

love doth o - ver - flow; be all thy chil - dren  
well with joy - ful guests; and may each soul sal -  
num - bers let them come and gath - er from their  
world thy truth has run, till with this Bread shall

thith - er led, and let them thy sweet mer - cies know.  
va - tion see, that here its sa - cred pledg - es tastes.  
Fa - ther's board the Bread that lives be - yond the tomb.  
all be blessed who see the light or feel the sun.

Words: Sts. 1-3, Philip Doddridge (1702-1751), alt.; st. 4 Isaac Watts (1674-1748, alt.

Music: *Rockingham*, melody from *Second Supplement to Psalmody in Miniature*, ca. 1780;

adapt. Edward Miller (1731-1807); harm. Samuel Webb (1740-1816)

Public domain.

L.M.

The congregation's gifts of money for the mission and ministry of St. John's and food for the Food Bank and Little Free Pantry are presented and placed on the Holy Table.

## Presentation

*People* All things come from you, O God, and from your own have we given you.

Please remain standing.

## The Great Thanksgiving

*Eucharistic Prayer C, inclusive language*

*Presider* God be with you.

*People* **And also with you.**

*Presider* Lift up your hearts.

*People* **We lift them to the Lord.**

*Presider* Let us give thanks to the Lord our God.

*People* **It is right to give God thanks and praise.**

*Presider* God of all power, Sustainer of the Universe, you are worthy of glory and praise.

*People* **Glory to you for ever and ever.**

*Presider* At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

*People* **By your will they were created and have their being.**

*Presider* From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the stewards of creation. But we turned against you, and betrayed your trust; and we turned against one another.

*People* **Have mercy, Dear God, for we are sinners in your sight.**

*Presider* Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of Mary his mother, to fulfill your Law, to open for us the way of freedom and peace.

*People* **By his blood, Christ reconciled us. By Christ's wounds, we are healed.**

*Presider* And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

## Sanctus

Hymn 252 from the supplemental hymnal *Lift Every Voice and Sing II*.

Ho - ly, ho - ly, ho - ly, Lord, God of power and might,  
hea - ven and earth are full of your glo - ry Ho - san-na in the  
high - est. Blest is the one who comes in the name of the  
Lord. Ho - san - na in the high - est.

Music: Lena McLin, *Eucharist of the Soul*

Reprinted from *Eucharist of the Soul* (GC41)

Copyright © 1972 General Words and Music Co., San Diego, CA. Reprinted with permission 1993.

Used with permission under One License A-706851.

*Please remain standing.*

*Presider* And so, Most Gracious God, we who have been redeemed by Christ, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ, our Savior.

On the night he was betrayed Jesus took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

*People* **We celebrate his death and resurrection, as we await the day of his coming.**

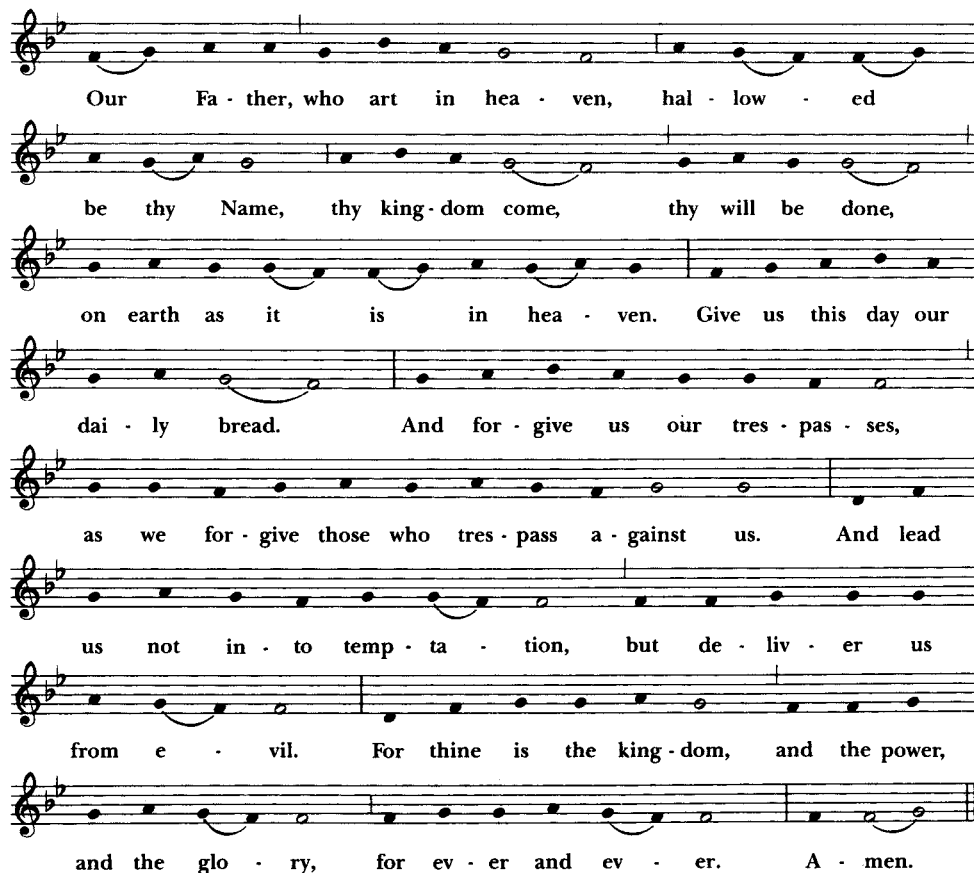
*Presider* God of our kindred and their generation: God of Abraham, Isaac and Jacob; Deborah, Hannah and Rebecca; God and Father of our Savior Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let this grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in your Son's name.

*People* **Risen and Ascended One, be known to us in the breaking of the Bread.**

*Presider* Accept these prayers and praises, O God, Most Merciful, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

## The Lord's Prayer

*Presider* And now as our Savior Christ has taught us, we are bold to pray,



Our Fa - ther, who art in hea - ven, hal - low - ed  
be thy Name, thy king - dom come, thy will be done,  
on earth as it is in hea - ven. Give us this day our  
dai - ly bread. And for - give us our tres - pas - ses,  
as we for - give those who tres - pass a - gainst us. And lead  
us not in - to temp - ta - tion, but de - liv - er us  
from e - vil. For thine is the king - dom, and the power,  
and the glo - ry, for ev - er and ev - er. A - men.

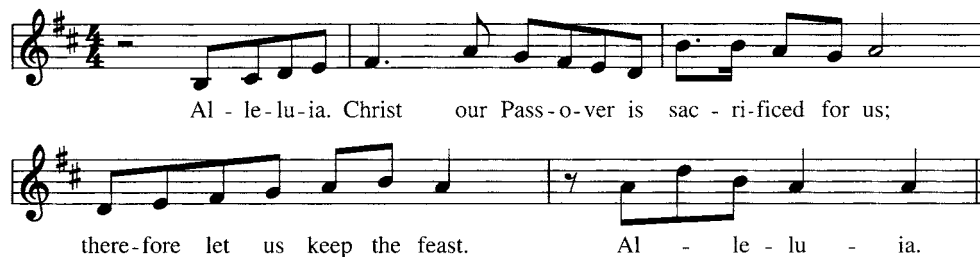
Setting: Plainsong; adapt. Charles Winfred Douglas (1867-1944)

## Breaking of the Bread

*The Presider breaks the consecrated Bread. A period of silence is kept.*

## Fraction Anthem

Hymn 865 from the supplemental hymnal *Wonder, Love, and Praise*.



Setting: Thaddeus P. Cavuoti (b. 1955), from *Mass of St. Columba*

© 1995 Thaddeus P. Cavuoti

Used with permission under One License A-706851.

## The Invitation to Communion

*Presider* The Gifts of God for the People of God.

*You may be seated.*

*To receive Communion, you are invited to come to the altar rail and stand or kneel at one of the cushions. To receive the bread (wafer), please hold your hands palms up, and the Presider will place a wafer in your hands. Gluten-free bread is available for those requiring it. Please indicate this by holding your hands palms down initially. If you do not wish to partake of the consecrated wine from the common chalice, you may consume the wafer at the altar rail or return to your seat to consume it.*

*To receive the wine, please consume your wafer, and then wait for the Eucharistic Minister to bring the common cup to you at the altar rail. Please do not attempt to intinct (dip) the wafer into the chalice. If you prefer not to partake of the common cup, but would like to receive the words of ministration, simply cross your arms in front of your chest when the Eucharistic Minister comes to you at the altar rail.*

*Reception of the sacrament in one kind (either bread or wine) is considered a full experience of the sacrament.*

*If you would prefer to receive a blessing instead of communion, when you come to the altar rail, simply cross your arms in front of your chest, and the Presider will greet you and offer God's blessing.*

*If you are unable to come forward, ask an usher or someone nearby to request that communion be brought to you.*

## Communion Hymn

*Sung by all.*

**Lord, you give the great commission**

TUNE: *Abbot's Leigh*

Hymn 780 from the supplemental hymnal *Wonder, Love, and Praise*.

1 Lord, you give the great com - mis - sion: "Heal the sick and  
2 Lord, you call us to your ser - vice: "In my name bap -  
3 Lord, you make the com - mon ho - ly: "This my bod - y,  
4 Lord, you show us love's true mea - sure: "Fa - ther, what they  
5 Lord, you bless with words as - sur - ing: "I am with you

preach the Word." Lest the Church ne - glect its mis - sion,  
tize and teach." That the world may trust your prom - ise,  
this my blood." Let us all, for earth's true glo - ry,  
do, for - give." Yet we hoard as pri - vate trea - sure  
to the end." Faith and hope and love re - stor - ing,

and the Gos - pel go un - heard, help us wit - ness  
life a - bun - dant meant for each, give us all new  
dai - ly lift life heav - en - ward, ask - ing that the  
all that you so free - ly give. May your care and  
may we serve as you in - tend and, a - mid the

to your pur - pose with re - newed in - teg - ri - ty.  
fer - vor, draw us clos - er in com - mun - i - ty.  
world a - round us share your chil - dren's lib - er - ty.  
mer - cy lead us to a just so - ci - e - ty.  
cares that claim us, hold in mind e - ter - ni - ty.

*Refrain*  
With the Spir - it's gifts em - pow'r us for the work of min - is - try.

Text: Jeffery Rowthorn, b. 1934 Text © 1978 Hope Publishing Co.  
Music: Cyril V. Taylor, 1907-1991 Music © 1942, renewed 1970 Hope Publishing Co.

ABBOT'S LEIGH  
87 87 D

Used with permission under One License A-706851.

## **Prayer for Those Worshipping at Home During the Time of Communion**

*Those worshipping at home are invited to pray.*

*People* **O Christ, I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.**

— from *Saint Augustine's Prayer Book*, Forward Movement, 2014

## **Postcommunion Prayer**

*Please stand as you are able.*

*Presider* Let us pray.

*People* **Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.**

## **The Blessing**

*Presider* May God give you grace not to sell yourselves short,  
Grace to risk something big for something good,  
Grace to remember that the world is now too dangerous for anything but truth,  
and too small for anything but love.  
May God take your minds and think through them.  
May God take your lips and speak through them.  
May God take your hands and work through them.  
May God take your hearts and set them on fire.  
And the blessing of God: most holy, glorious, and undivided Trinity  
be upon you and remain with you for ever. **Amen.**

— William Sloan Coffin



## Hymn

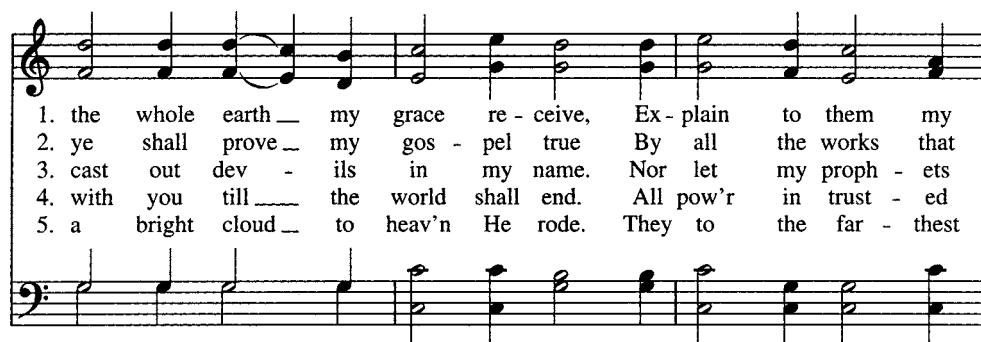
"Go preach my gospel" saith the Lord

TUNE: *Retreat*

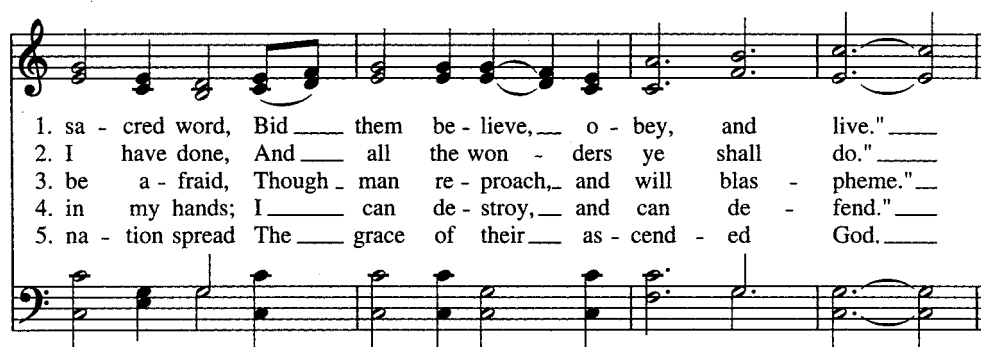
Hymn 161 from the supplemental hymnal *Lift Every Voice and Sing II*.



1. "Go — preach my gos - pel," saith the Lord, "Bid —  
2. "I'll — make my great — com - mis - sion known, And —  
3. "Go — heal the sick, — go raise the dead, Go —  
4. "While — thus ye fol - low my com - mands, I'm —  
5. He — spake and light — shone round His head, On —



1. the whole earth — my grace re - ceive, Ex - plain to them my  
2. ye shall prove — my gos - pel true By all the works that  
3. cast out dev - ils in my name. Nor let my proph - ets  
4. with you till — the world shall end. All pow'r in trust - ed  
5. a bright cloud — to heav'n He rode. They to the far - thest



1. sa - cred word, Bid — them be - lieve, — o - bey, and live." —  
2. I have done, And — all the won - ders ye shall do." —  
3. be a - fraid, Though — man re - proach, — and will blas - pheme." —  
4. in my hands; I — can de - stroy, — and can de - fend." —  
5. na - tion spread The — grace of their — as - cend - ed God. —

Words: Isaac Watts (1674-1748)

Music: Thomas Hastings (1784-1872)

Used with permission under One License A-706851.

## Dismissal

*Presider* Go in peace to love and serve Jesus Christ our Savior.

*People* Thanks be to God.

## Postlude

*Rhapsody in Blue*

George Gershwin (1898-1937)

arr. Henry Levine (1892-1951)

## Serving in Worship Today

**Acolyte:** Jordan Alfonzo; **Altar Guild:** Wilma Hansen; **Closer:** Linda Barson;

**Coffee Hour:** Heidi Jindrich, Lilith Lysistrata, Janet Murphy;

**Eucharistic Minister/Intercessor:** Linda Barson; **Flowers:** Cathie Knox-Browning;

**Livestream:** Walter Johnstone; **Music:** Joyce Gibb, Thomas Aláan, SJB Choir;

**Preaching:** The Rev. Cn. Elise B. Johnstone; **Presiding:** The Rev. Robert Stevens;

**Readers:** Carol Long, Lynn Ogdon-Perrine; **Ushers:** Becky Kacel, Carol Sutcliffe;

**Verger:** Lilith Lysistrata.

# ANNOUNCEMENTS

## Today at St. John the Baptist

8:30 a.m. Spoken Holy Eucharist in the Church

10:30 a.m. Holy Eucharist with Music in the Church  
and livestreamed on our YouTube channel

11:45 a.m. Coffee Hour in the Parish Hall

## Coffee Hour in the Parish Hall

Join us for a time of fellowship in the Parish Hall following our 10:30 a.m. service every Sunday for snacks and coffee. Newcomers are especially invited to attend so we can better get to know you and welcome you to SJB. If you are interested in providing snacks and hospitality during our weekly Coffee Hour, please consider signing up to support this ministry on the yellow sign-up sheet in the Parish Hall. Hosts serve in teams. Experienced hosts are happy to show newcomers the ropes. Thank you.



## Summer Schedule for Children and Youth

Children's Chapel will be held once a month during the summer, on the second Sunday, July 13 and August 10, before resuming weekly on September 7. Activity bags and worksheets will continue to be available in the children's welcome area next to the ushers' table in the Narthex for all services. The nursery will remain open over the summer for children aged three years and younger. Youth Group will be on hiatus until September 7. Jackson will be hosting some coffee hour activities for the young and young at heart this summer, so look for puzzles, games, crafts, and other opportunities in the Parish Hall during coffee hour. Contact Jackson with questions. [familylife@sjbwestseattle.org](mailto:familylife@sjbwestseattle.org)

## Men's Gathering Next Saturday

Men of all ages and their partners, friends, and neighbors are invited to a no-host breakfast every second Saturday of the month. Meet at Chelan Café, 3527 Chelan Ave SW, Saturday, July 12, 8 a.m. For more information or a ride, please contact David Perrine. 206-937-2932

## The Lord's Lunch

The Lord's Lunch is a monthly community service event led by Dan Johnson, where members of SJB make and pack 150+ meals to distribute to unhoused and at-risk populations around West Seattle. Please contact Dan Johnson or use the bitly link to volunteer to provide food or assist with assembly on Saturday, July 19, 10:30 a.m. in the Parish Hall. <https://bit.ly/3G3WORN>

## Ministry Appreciation Dinner Next Sunday

Canon Elise looks forward to seeing you on Sunday evening, July 13, in the Parish Hall, 5:30 p.m. This is our leadership's way of saying "thank you" to every person at SJB who offers their time and talents to make St. John's a wonderful, welcoming community. A variety of food options will be available, including vegan and gluten-free. Please sign up in the Narthex so we have an idea of how many will attend.

## Readying Our Space to Welcome Admiral UCC

On August 1, we will be welcoming Admiral UCC as long-term tenants in our Church building while their campus is renovated. They will be renting two dedicated rooms: the former lounge area by the kitchen that will serve as their primary worship and fellowship space, and the office next door to Fr. Robert's that has most recently been used to store large furniture not currently in use. Interested volunteers and those with questions about our rental partnership with Admiral UCC may reach out to Canon Elise. [elise@sjbwestseattle.org](mailto:elise@sjbwestseattle.org)

## Adult Formation

Sunday Morning Adult Formation is taking a break for summer, resuming on Sunday, September 14.

## Wednesday Zoom Evening Prayer

Zoom Evening Prayer is a lovely way to wind down the day. At the beginning of the service, people may take a reading role in the service. The bulletin is displayed on the screen. At the end is a short social hour. Come join us on Zoom, Wednesdays, 6:30 p.m.  
<https://us02web.zoom.us/j/229332884>

## Join SJB for Baseball

We'd love to have you join a group to see the Fishsticks Baseball Team play on Thursday, July 31, 6:35 p.m. Sign up in the Narthex/Lobby if you're interested in tickets. Tickets are \$14.



## St. John the Baptist Episcopal Church in the Admiral District of West Seattle

### A Note from Our Rector

We are so glad you are worshipping here today!

Visiting?

If you are visiting with us, we would be glad to answer any questions you may have about the Episcopal Church or about St. John's. I'm Elise, the Rector (the priest in charge) of St. John's—I encourage you to reach out to me—I'd love to meet you!

Interested in Baptism?

In the Episcopal Church, we believe that Baptism by water and in the name of the Father, the Son, and the Holy Spirit is full initiation into the Body of Christ, the Church—regardless in which Christian tradition you may have been baptized.

If you are interested in Baptism, please reach out to me—I would love to talk with you about this.

As we like to say here, wherever you are in your spiritual journey, you have a place at St. John's!

Welcome!

Elise+  
[elise@sjbwestseattle.org](mailto:elise@sjbwestseattle.org)

If there is a ministry you're interested in knowing more about or getting involved, you can also contact the office  
[office@sjbwestseattle.org](mailto:office@sjbwestseattle.org)

### St. John the Baptist Vestry

#### Class of 2025

Katie Bucy  
Dan Johnson  
John Kettel, *junior warden*  
Anne Rogers

#### Class of 2027

Linda Barson  
Terry Brady  
Lauren Cox  
Mary Kay Jones

#### Class of 2026

Kitt Gassman  
John Hainze  
Lurilla Lee  
Cathy Thompson,  
*senior warden*

#### Chair

The Rev. Cn. Elise Johnstone  
**Clerk**  
Carol Sutcliffe  
**Treasurer**  
Monte Frazier

Would you like to request that our Prayer Chain pray for you or someone you know? Would you like to add a name to the Prayers of the People? Please visit

<https://sjbwestseattle.org/prayers>

### St. John the Baptist Staff and Office Information

3050 California Ave SW  
Seattle WA 98116

Phone 206-937-4545  
[www.sjbwestseattle.org](http://www.sjbwestseattle.org)

Office Hours: Monday–Thursday 10:00 a.m.–3:00 p.m.

The Rev. Canon Elise B. Johnstone, *rector*

[elise@sjbwestseattle.org](mailto:elise@sjbwestseattle.org)

The Rev. Robert G. Stevens, *curate*

[robert@sjbwestseattle.org](mailto:robert@sjbwestseattle.org)

Katelyn Cowell, *parish administrator*

[office@sjbwestseattle.org](mailto:office@sjbwestseattle.org)

Thomas Aláan, DMA, *choir director*

[thomas@sjbwestseattle.org](mailto:thomas@sjbwestseattle.org)

Anita McKay, *bookkeeper*

[finance@sjbwestseattle.org](mailto:finance@sjbwestseattle.org)

Jackson Espeut, *family life minister*

[familylife@sjbwestseattle.org](mailto:familylife@sjbwestseattle.org)

Nora Jindrich, *nursery and youth assistant*

David O. Ruberg, *bulletin guru*

Joyce Gibb, *pianist*

If you wish to reach a staff person who does not have an email listed, please contact the office.

[office@sjbwestseattle.org](mailto:office@sjbwestseattle.org)

### What's going on at SJB this week

Sunday July 6 8:30 AM	<b>Spoken Holy Eucharist</b>	Nave
Sunday July 6 10:30 AM	<b>Holy Eucharist with Music</b>	Nave
Tuesday July 8 11:00 AM	<b>Worship at the Kenney</b>	The Kenney
Tuesday July 8 7:00 PM	<b>AA Into Action</b>	Community Room
Wednesday July 9 6:30 PM	<b>Zoom Evening Prayer</b>	Zoom
Thursday July 10 6:30 PM	<b>AA 12x12</b>	Community Room
Saturday July 12 7:45 AM	<b>AI-Anon</b>	Parish Hall, Community Room
Saturday July 12 8:00 AM	<b>Men's Gathering</b>	Chelan Café
Sunday July 13 8:30 AM	<b>Spoken Holy Eucharist</b>	Nave
Sunday July 13 10:30 AM	<b>Holy Eucharist with Music</b>	Nave
Sunday July 13 10:30 AM	<b>Children's Chapel</b>	Nave, Godly Play Room
Sunday July 13 5:30 PM	<b>Ministry Appreciation Dinner</b>	Parish Hall
*Indicates that a group is renting SJB for this use.		